



The people behind longtime Beaufort favorite, Emily's Restaurant and Bar, bring



back seafood with a view to the Lady's Island Marina.

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PROLOGUE

True story. Back in the days before iPads, smart phones, social networking or the basic concept of a second Star Wars trilogy, I spent most of a summer working at an iconic seafood restaurant on the Grand Strand. Mostly I broke dishes, but in spite of all the crashing and yelling, I fell in love with the restaurant business and remain so to this day. This is entirely due to the fact that I learned in those few noisy months that I should never actually *work* in the restaurant business.

Nevertheless, I gleaned a few things. Among them, that people who make a living in kitchens are generally skilled with knives (not always in a good way). But the most important thing I escaped, er, learned from that summer is that cooks have secrets and these secrets are called *recipes*.

. Oh, and never buy fish on Monday.



Tiny secrets can be big deals. This restaurant was renown for a number of dishes, but people came from far and wide for the hushpuppies. I can still taste them. Indeed, many who left the employ of this establishment entered a 12-step program to wean themselves from these addictive cornmeal-based delights. And that's the thing. The essence of these tasty bits was a complete secret. When a batch had to be whipped up, the chef shooed everyone out of the kitchen, locked the doors and cranked up Led Zeppelin – as if the very sound of his actions might give him away.

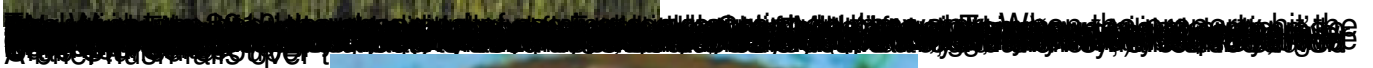
In the midst of a full-on Moveable Feast feeding frenzy a couple baskets of Chef Mike Long's hushpuppies literally hushed the table. No mean feat. I share my hushpuppy story.

Owners Tommy and Mary Winburn relate immediately.

"You'd think something as simple as a hushpuppy wouldn't be so difficult to get right," says Mary.









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